

# OLLI ONLINE WINTER 2021 COURSE CATALOG

## IMPORTANT DATES

Winter Term: Jan. 25–Mar. 19

[Registration](#) Opens: Jan 5, 10 am.

## CLASS INFORMATION

Classes are offered online only, mostly via Webex Meetings. [Download the Webex Meetings app](#) for the best class experience. Course formats are indicated in the catalog descriptions. Tech support is provided for Webex only.

Online classes are interactive and offered in real time.

Along with professors and other educators, OLLI classes are taught by professionals from many fields as well as passionate hobbyists. A brief biography of each class moderator is included with the course descriptions.

## OLLI MEMBERSHIP

OLLI programs are designed for adults aged 50 and older. The only prerequisite is a desire to learn.

Your \$75 Membership Fee entitles you to take up as many class as you like. Please be considerate of others by signing up only for classes that you intend to attend.

Financial assistance is available to all who need it. Send a short statement of need to [olli@uc.edu](mailto:olli@uc.edu) to request a scholarship or call 513-556-9186 for information.

## REGISTRATION

Registration opens Tuesday, January 5, 10 am.

You may [register online](#) (strongly recommended) or by mail by printing and mailing the completed [registration form](#) with a check for \$75. Moderators of multiweek Winter courses and McMicken Society members receive a complimentary membership. Please notify the office before registration opens if you are eligible for a free membership.

For planning purposes, you can find the [Schedule-at-a-Glance](#) online.

OLLI has a [new registration system](#). Unless you registered for the 2020 Summer Series or Fall term, you will need to create a new account. Your old login email and password will not work. You should set up your new account before registration opens.

## PRICING & REFUNDS

Winter Term Membership Fee: \$75.

Your \$75 Membership Fee entitles you to take as many classes you like during this term.

Moderators of multiweek Winter courses and McMicken Society members receive a complimentary membership. Please notify the office before registration opens if you are eligible for a free membership.

Refunds after the first week of classes are at the director's discretion.

## WAIT LISTS

If a class you want is full, you may place yourself on a wait list. If a place opens in that class, the first person on the list will be notified by phone or email and have a limited amount of time to respond before the place is offered to the next person on the list.

## WEBEX TRAINING

You can sign up for Webex training without paying the registration fee or signing up for OLLI classes. On the [online registration portal](#), use the [Select Term] menu to select Webex Training. You will find multiple online Webex training classes that take place before the term begins. We strongly recommend that you participate in a training session if you have not previously used Webex.

## DISCLAIMER

The views and opinions expressed in OLLI courses are strictly those of the moderators and their guest speakers. Course content has not been reviewed by the Osher Lifelong Learning Institute at the University of Cincinnati. Consult your financial advisor before acting on any implied or actual recommendations concerning the investment of your money. Consult your physician before following any medical, nutritional, or exercise program or advice.

## CONTACT US

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## CLASSES BY CATEGORY

### ART & ART HISTORY

- 1136 American Art in the 20th Century (TUE)
- 1346 Legacy of African American Textile Art (THU)
- 1149 Michelangelo: Unparalleled Sculptor, Artist, Architect, and Poet (TUE)

### COMPUTERS & TECHNOLOGY

- 1157 Broadband, the Pandemic, the Underserved, and You (TUE)
- 1028 Powerful Presentations in PowerPoint (MON)
- 1027 Smartphone and Social Media for Seniors (MON)

### CURRENT EVENTS, LAW & POLITICS

- 1343 Cincinnati Issues and Answers (THU)
- 1244 Cult and Conspiracy (WED)
- 1336 Finding Solutions to America's Problems (THU)
- 1407 Freeing the Innocent: Our Flawed Justice System (FRI)
- 1151 Global Supply Chains and National Security (TUE)
- 1146 Good Books for Examining Our Understanding of Racial History (TUE)
- 1235 Great Legal Issues of the 21st Century (WED)
- 1148 Growing beyond Hunger (TUE)
- 1150 Lessons in Public Housing Revitalization from the Netherlands (TUE)
- 1410 "Oh, Give Me a Home": Helping Hands and Havens for Women in Cincinnati (FRI)
- 1020 Our Constitution (MON)
- 1250 Power of Public Deliberation (WED)
- 1137 What Are They Saying? Political Commentary with a Critical Eye (TUE)

### EXERCISE, HEALTH & WELLNESS

- 1416 A to Zzzz's of Sleep Health (FRI)
- 1240 Boosting Your Immune System through Diet and Lifestyle (WED)
- 1347 Bounce Back from Prolonged Toxic Stress (THU)
- 1408 Managing Healthcare Costs (FRI)
- 1350 Navigating through Life with ADHD (THU)
- 1138 Poor Hearing? Get Reliable Professional Help (TUE)
- 1337 Primary and Secondary Prevention of Cardiovascular Disease (THU)
- 1133 Taking the Next Step in Your Meditation Practice (TUE)

### FINANCE & RETIREMENT

- 1348 21st-Century Volunteering: Cincinnati Cares (THU)
- 1355 Elder Law: Protecting Life's Savings and Quality of Life (THU)
- 1142 Legal and Long-Term Care Issues Facing Seniors (TUE)
- 1245 Medicare 101 (WED)
- 1239 Passport to Retirement (WED)
- 1243 Your Hard-Earned Possessions: Downsizing, Donating, and Recycling (WED)

### FOREIGN LANGUAGE

- 1339 Beginning Italian Conversation/Past Tense (THU)
- 1031 Beginning Spanish (MON)
- 1238 Intermediate French (WED)
- 1017 Intermediate Spanish (MON)
- 1135 Italian for Beginners (TUE)

### GARDENING & NATURE

- 1030 Gardening 101 (MON)

### HISTORY & SOCIAL SCIENCES

- 1140 Archaeology in the Ohio Valley: Connecting Past and Present (TUE)
- 1021 Britain from the Tudors to the Stuarts, 1485–1714 (MON)
- 1334 Cincinnati and How It Grew: Neighborhood by Neighborhood (THU)
- 1412 Cincinnati Firsts and Lasts (FRI)
- 1333 Cold Serial: The Jack the Strangler Murders (THU)
- 1349 Executive Order 9066 (THU)
- 1143 First Ladies (TUE)
- 1153 The Great Migration: "The Warmth of Other Suns"—Impact on Issues Today (TUE)
- 1231 Introduction to Mayan Civilization (WED)
- 1145 Let Women Vote: Butler County's Fight for Suffrage (TUE)
- 1152 Life in Ancient Greece and Rome (TUE)
- 1241 Lincoln and Grant: The Alliance that Won the Civil War (WED)
- 1409 Lincoln Heights: From Proud History to Promising Future (FRI)
- 1406 Living through the Holocaust: A Survivor's Story (FRI)
- 1247 Myths and Misconceptions about George Washington (WED)
- 1246 Religion or Agriculture: Which Evolved First? (WED)
- 1242 The Reverse Underground Railroad: Slavery and Kidnapping in Early America (WED)
- 1147 "Stella": Uncovering a Grief-Locked Family History (TUE)

## **HOBBIES, SPORTS & OTHER**

- 1156 Behind the Scenes at the Tour de France (TUE)
- 1160 Bridge 102: For Those Who Know Some of the Basics (TUE)
- 1155 Create Personalized Puzzles for the Kids in Your Life (TUE)
- 1253 Happy Hour with the Director: Books (WED)
- 1252 Happy Hour with the Director: Breweries, Wineries, and Distilleries (WED)
- 1251 Happy Hour with the Director: Historic Sites and Museums (WED)
- 1254 Happy Hour with the Director: Where to Take Out-of-Town Guests (WED)
- 1025 Knitting Circle (MON)
- 1233 Learning Tarot: The Adventure Continues (WED)

## **LITERATURE & DRAMA**

- 1354 19th-Century and Victorian Fiction (THU)
- 1141 Beginnings of Murder and Mayhem, Part 2 (TUE)
- 1342 Calling All Readers (THU)
- 1029 Delving into African American Women's Lives through Literature (MON)
- 1159 The History and the Literature: The Night Watchman (TUE)
- 1018 Inside the Red Tent (MON)
- 1414 Two Mid-20th-Century American Writers: Edwin O'Connor and William Kennedy (FRI)

## **MUSIC**

- 1026 Big Band Music, Great American Songbook, and Golden Age of Radio (MON)
- 1234 Canta y No Llores (Sing and Do Not Cry) (WED)
- 1014 Celtic Music in the Second Half of the 20th Century (MON)
- 1134 Exploring Opera (TUE)
- 1341 For the Love of Music (THU)
- 1411 Gennett Records: Discovering and Preserving America's Musical Grassroots (FRI)
- 1015 Great Guitarists (MON)
- 1357 Lives, Times, and Music of the Great Composers of the Romantic Era (THU)

## **PHILOSOPHY & RELIGION**

- 1249 How to Be Wholly Holy: The Holiness Code of the Biblical Book of Leviticus (WED)
- 1161 Radiance of the Mystics (TUE)

## **PHOTOGRAPHY**

- 1356 Photography Using Your Phone: Secrets and Common Sense (THU)

## **SCIENCE, MATH & PSYCHOLOGY**

- 1335 Awe-Inspiring Great Apes (THU)
- 1022 C. G. Jung's Red Book Study Group, Part 2 (MON)
- 1415 En-Roads Climate Solutions Simulator (FRI)
- 1016 Exploring the Basics of Genetics (MON)
- 1338 Future Personal Transport: Electric Power, Self-Guidance, Shared Vehicles (THU)
- 1340 Gemology, Jewelry, and the Jewelry Business (THU)
- 1232 Life Cycle of Stars (WED)
- 1236 Pathways to Carbon Neutrality (WED)

- 1158 Scientific Models Come Alive (TUE)

- 1132 Stay Updated about Future New Technologies, Part 6 (TUE)
- 1352 Volcanic Eruptions and What They Produce (THU)

## **SELF-IMPROVEMENT**

- 1353 Creativity and Innovation: Powering the Future (THU)
- 1344 Develop Your SELF: TLC for Your Nervous System (THU)

## **STAGE & SCREEN**

- 1413 CCM on Stage (FRI)
- 1248 More Broadway Musicals of the 1980s (WED)

## **TRAVEL**

- 1019 Italia Mia/My Italy (MON)
- 1345 Live from Denali Park in Alaska (THU)
- 1351 Nine Months in an RV: A Journey across the US (THU)
- 1144 Travel Close to Home: Western Pennsylvania Road Trip (TUE)
- 1024 Visit Palestine! (MON)
- 1023 What to Know about Booking Travel during the Pandemic Now and Beyond (MON)

## **WRITING**

- 1154 Curing the Blank Page (TUE)
- 1237 Memoir: Tunnels to the Mind (WED)

## COMPLETE CLASS DESCRIPTIONS BY CLASS NUMBER

### 1014 Celtic Music in the Second Half of the 20th Century **NEW**

Mondays, Jan. 25–Feb. 8, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Learn about and hear the music of the Irish/Scottish musicians from the second half of the 20th century.

Moderator: Bruce Bowdon is a lover of all music and an expert in none. He taught in the same middle school for 43 years, played cocktail piano at parties in a previous life, and has written 150+ songs, none of which has ever been commercially successful.

### 1015 Great Guitarists **NEW**

Mondays, Feb. 15–Mar. 15, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Get introduced to a range of great guitarists from classical, bluegrass, blues, jazz, and rock.

Moderator: Bruce Bowdon is a lover of all music and an expert in none. He taught in the same middle school for 43 years, played cocktail piano at parties in a previous life, and has written 150+ songs, none of which has ever been commercially successful.

### 1016 Exploring the Basics of Genetics

Mondays, Jan. 25–Mar. 15, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Certified genetic counselors will provide a basic overview of human genetics while exploring several hot topics in the genetics field. We'll cover an introduction to genetics and the field of genetic counseling; how to take a family history and its utilization in risk management; genetics of common diseases such as cancer, heart disease, and psychiatric illnesses; genetic testing and screening; case examples of diagnostic odysseys; and genetics in the media. This course is a precursor to "Exploring the Applications of Genetics" to be offered in Spring 2021.

Moderators: Emily Wakefield, MS, LGC, and Hannah Rea, MS, LGC, are certified genetic counselors for the Division of Human Genetics at Cincinnati Children's Hospital Medical Center.

### 1017 Intermediate Spanish **NEW**

Mondays, Jan. 25–Mar. 15, 9:30–10:30 am

Class Limit: *20*

Course Format: *Webex*

To be successful in this course, you need to have an intermediate Spanish skill level (familiar with present and past tenses and basic vocabulary). We will focus on dialogue and readings and minimize grammar. For beginners, we have set up an email-based self-study program using lessons available on the internet (course #1031).

Moderators: Leo Ennis is a native speaker who grew up in Mexico. She has been teaching Spanish to OLLI students for several years. Rick Marra is a student of Leo who helps organize the class and instruction.

### 1018 Inside the Red Tent **NEW**

Mondays, Jan. 25–Mar. 15, 9:30–10:30 am

Class Limit: *15*

Course Format: *Webex*

We will explore the acclaimed 1997 novel *The Red Tent* by Anita Diamant and the actual practices and lives of this era in the Near East (approximately 1500 BCE). Learn about the culture and practices of the biblical characters and the real-life experiences of people of this time. Discuss the loss of women's stories in history and how some of their lives are being recaptured. Explore a group of Jews in Ethiopia who carried on biblical practices until the 1980s.

Moderator: Sharon Schwartz was a social worker for 35 years working with intellectually challenged people and their families. She is interested in literature and curious about most things.

### 1019 Italia Mia/My Italy

Mondays, Jan. 25–Mar. 15, 9:30–10:30 am

Class Limit: *20*

Course Format: *Zoom*

Come and explore Italy to discover what makes it a popular tourist destination. You will learn how to use the two train systems, one of which was created by the president of Ferrari. We will talk about Italian food, how to order a meal, and tipping. Find out how best to navigate Venice, Florence, Rome, and little towns. Let a native Italian answer all your questions and show you one of the most beautiful countries in the world. *Ciao e grazie.*

Moderator: Antonio Iemmola has been teaching Italian language and culture at UC for 25 years and NKU for 29 years. He enjoys sharing his love of his native country.

**1020 Our Constitution NEW**

Mondays, Jan. 25–Mar. 15, 11 am–12 pm

Class Limit: *unlimited*Course Format: *Webex*

We will explore the US Constitution and its ideological and experiential background. We will discuss such important constitutional concepts and cases as popular sovereignty, republicanism, federalism, separation of powers, checks and balances, the impeachment of the President, and the dangers the Constitution concerns itself with. Class sessions: A More Perfect Union; The Sovereignty of the People; The Legislative Branch, 1; The Legislative Branch, 2; The Presidency; The Judiciary and the Remaining Articles; The Bill of Rights; Significant Supreme Court Cases.

Moderator: John Wilson is a semi-retired attorney who previously moderated OLLI courses “Slavery and the Coming of the American Civil War” and “Presidential Leadership: Lincoln and FDR.”

**1021 Britain from the Tudors to the Stuarts, 1485–1714 NEW**

Mondays, Jan. 25–Mar. 15, 11 am–12 pm

Class Limit: *30*Course Format: *Webex*

This period of British history is a time of transitions: from medieval to early modern, from divine right absolutism to the beginnings of constitutional monarchy, and from being a minor “backwater” country to laying the foundation to become a world power. The course will introduce the political (dynastic), social, economic, and military factors involved in this major transition in British history.

Moderator: John Lane has 20 years of teaching experience in world civilizations, AP European history, and US history. His undergraduate and graduate degrees are from UC and NKU with additional graduate training from Indiana Univ. He has traveled extensively in Britain and Continental Europe. His major fields of study are British and military history.

**1022 C. G. Jung’s Red Book Study Group, Part 2 UPDATED**

Mondays, Jan. 25–Mar. 15, 11 am–12 pm

Class Limit: *25*Course Format: *Webex*

We will study and discuss the text and artwork of Jung’s *Liber Novus: Red Book*. This is a continuation of “C. G. Jung’s Red Book Study Group, Part 1.”

Moderator: Jim Slouffman has been an artist and educator for 40+ years. He received his BFA from Wright State Univ. and MFA from UC. He taught at the Art Academy of

Cincinnati, NKU, and UC Evening College prior to starting a lengthy tenure at Antonelli College. He now devotes most of his time between the two arts organizations he founded.

**1023 What to Know about Booking Travel during the Pandemic Now and Beyond NEW**

Mondays, Jan. 25–Feb. 8, 11 am–12 pm

Class Limit: *20*Course Format: *Webex*

What’s happening with travel both nationally and internationally? The sessions will include: 1) Using a travel adviser vs booking on your own. 2) The state of cruising starting in 2020 and beyond. 3) Airline discounts. 4) Which countries are opening now and when others will begin to open. 5) Tips for solo travelers, couples, and families; destination weddings/honeymoons; and traveling with a group.

Moderator: Gail Adams-Arnold worked in the field of education for 35 years. After retiring, she became an independent contractor in the travel industry. She has worked in this field for 14 years and enjoys helping others research, plan, and book their dream vacations. As a travel adviser, her goal is to alleviate stress and confusion.

**1024 Visit Palestine! NEW**

Mondays, Feb. 15–Mar. 15, 11 am–12 pm

Class Limit: *15*Course Format: *Webex*

Many Americans visit the Holy Land but limit their time in Palestine (aka the West Bank) to a couple of hours in Bethlehem. This beautiful land has so much to offer beyond Manger Square. We’ll explore its history, culture, holy sites, cuisine, recreational opportunities, and legendary Palestinian hospitality.

Moderator: Susan Brogden draws on her recent experience as an international observer in the West Bank to introduce you to the wonders of Palestine.

**1025 Knitting Circle NEW**

Mondays, Jan. 25–Mar. 15, 11 am–12 pm

Class Limit: *10*Course Format: *Zoom*

Are you starving for social interaction during COVID-19? Then consider joining this group! While we each work on our own knitting/crocheting projects, we can enjoy each others’ company and chat.

Moderator: Barbara Solomon is a lifelong crafter who loves to knit. Her grandmother taught her to knit when she was ten.

**1026 Big Band Music, Great American Songbook, and Golden Age of Radio** **UPDATED**

Mondays, Jan. 25–Mar. 15, 2:15–3:30 pm

Class Limit: *unlimited*

Course Format: *Webex*

We will explore the origins of big band and swing music of the 1930s and 1940s along with the Great American Songbook (1925–50) and the golden age of radio from 1920 through the 1950s. You will learn about the bands, bandleaders, musicians, composers, and lyricists and, of course, the songs meant for dancing that put spring in our step and joy in our heart during the difficult years of the Great Depression and World War II.

Moderator: Chuck Black is the former host of the “Let’s Dance” radio show on WOBO-FM. That program moves to WMKV-FM in early 2021.

**1027 Smartphone and Social Media for Seniors** **UPDATED**

Mondays, Jan. 25–Mar. 8, 2:15–3:30 pm

Class Limit: *50*

Course Format: *Webex*

Social media can open a window to the world without the need to go anywhere. Learn ways to use your smartphone or tablet to access this world of information. Topics to be covered: 1) Smartphone and tablet—opening a window on the world. 2) Texting, email, Skype. 3) Social media—Facebook, Twitter, and the ads. 4) Sharing pictures on Google, viewing smartphone pictures or videos on TV. 5) Podcasts and getting music. 6) Security and safety when surfing the web and using social media.

Moderator: Katalin Molnar is a retired software engineer and former researcher in artificial intelligence and text recognition. She has taught this class at Miami Township Senior Center, Anderson Senior Center, and OLLI and wants to share it with more people.

**1028 Powerful Presentations in PowerPoint** **NEW**

Monday, Mar. 15, 2:15–3:30 pm

Class Limit: *unlimited*

Course Format: *Webex*

Learn how to develop, format, and deliver powerful PowerPoint presentations. The class objectives are to understand presentation fundamentals and how to format content that engages your audience. Presenter Susan Thomas worked in industry for 35 years (P&G, Boeing, Micron) and brings her considerable expertise to this program.

**1029 Delving into African American Women’s Lives through Literature** **NEW**

Mondays, Jan. 25–Mar. 15, 2:15–3:30 pm

Class Limit: *15*

Course Format: *Webex*

African American women writers have made significant contributions to American literature. We will read and discuss some important works that offer insights into the daily lives and minds of this group of writers: Zora Neale Hurston’s *Their Eyes Were Watching God*; Toni Morrison’s *The Bluest Eye*; Paule Marshall’s *Brown Girl, Brownstones*; Ntozake Shange’s *Sassafrass, Cypress & Indigo*; Maya Angelou’s *I Know Why the Caged Bird Sings*; Alice Walker’s *The Color Purple*; and some poetry. Come listen and learn from others and share your own insights.

Moderator: Judy Schechter loves all kinds of reading. She is particularly interested in women’s lives in different cultures and eras.

**1030 Gardening 101** **NEW**

Mondays, Jan. 25–Mar. 15, 2:15–3:30 pm

Class Limit: *25*

Course Format: *Webex*

Gardening has exploded as an outdoor activity. It’s great exercise, and you have something to show for all your effort. We’ll cover the basics: chemistry, pruning, attracting wildlife, and more. Guest speakers will present at some sessions.

Moderator: Deb Price is a master gardener who has taught numerous courses for OLLI.

**1031 Beginning Spanish** **NEW**

Mondays, Jan. 25–Mar. 15 (no set time)

Class Limit: *unlimited*

Course Format: *Email*

Each week, you will receive an email with links to lessons found on the internet to introduce you to the Spanish language. You may email questions to the moderators.

Moderators: Leo Ennis is a native speaker who grew up in Mexico. She has been teaching Spanish to OLLI students for several years. Rick Marra is a student of Leo who helps organize the class and instruction.

**1132 Stay Updated about Future New Technologies, Part 6 NEW**

Tuesdays, Jan. 26–Mar. 16, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Technology is exploding in the 21st century. Learn about the following future new technologies that are now or soon will be changing our lives: 1) New types of wearables, mobile devices, and apps for health applications. 2) Medical phage therapy. 3) Biometrics. 4) New advances with robots. 5) Natural language processing in computers, including translation on smartphones and gesture recognition. 6) Cultured meat and future foods. 7) Metamaterials for invisibility cloaking. 8) Energy harvesting.

Moderator: Howie Baum, BS industrial design and AS mechanical engineering, worked as a mechanical and industrial engineer at companies in Cincinnati and Dayton doing product and process design. He has taught for 36 years at four universities and colleges.

**1133 Taking the Next Step in Your Meditation Practice NEW**

Tuesdays, Jan. 26–Mar. 16, 9:30–10:30 am

Class Limit: 25

Course Format: *Webex*

This class is for those who have been meditating for a while or who have taken Kevin’s meditation class in the recent past. You will explore the teacher-student relationship, the three stages of meditation, the role of friends on your spiritual path, guided meditations, various forms of spiritual purification, and your spiritual brain. Plus, you will practice standing, walking, and lying meditation—and try some qigong exercises. These topics are blended from Christian, Hindu, and Buddhist traditions.

Moderator: Kevin Celarek earned a master’s degree from UC. He has taken hundreds of self-improvement workshops and attended retreats in three religious traditions during his 40-year spiritual journey with meditation and spiritual values. His spiritual journey continues.

**1134 Exploring Opera UPDATED**

Tuesdays, Jan. 26–Mar. 16, 9:30–10:30 am

Class Limit: 24

Course Format: *Webex*

Let’s focus on specific opera singers. Each week, we shall listen to multiple artists performing the same aria and then discuss whom you prefer and why. Each week will feature an aria for a different voice type. No expertise

required—just a love of beautiful music and singing and a willingness to share your opinion. It should be fun.

Moderator: Richard Goetz, PhD, is a retired industrial chemical research manager who has been listening to, studying, and attending opera since 1949.

**1135 Italian for Beginners**

Tuesdays, Jan. 26–Mar. 16, 9:30–11 am

Class Limit: 10

Course Format: *Zoom*

Learn to communicate in this beautiful, musical language. You’ll acquire the basics of pronunciation, vocabulary, grammar, and sentence structure as you begin to develop your conversational skills. Emphasis will be on speaking and pronunciation plus special expressions for travelers. We’ll include tips on traveling, sightseeing, and enjoying Italian culture. Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano (available online).

Moderator: Antonio Iemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history. When you speak Italian, it seems as if you are singing opera because it is so musical.

**1136 American Art in the 20th Century NEW**

Tuesdays, Jan. 26–Mar. 16, 11 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

We will discuss how America emerged at the forefront of artistic expression beginning in the early 1900s with the immigration of European artists and art instructors. Modern art found its footing in America in the vast pool of talented young artists who welcomed the opportunity to study and advance new methods and thoughts. The confluence of artists, collectors, dealers, and museums provided a market for new works that expressed innovation over imitation, content over form—from the American impressionists of the 1900s to the chaos of the 1990s.

Moderator: Sam Hollingsworth is a graduate of UC-DAAP, exhibiting artist (Cincinnati and NYC), and OLLI moderator for ten years.



**1137 What Are They Saying? Political Commentary with a Critical Eye NEW**

Tuesdays, Jan. 26–Mar. 2, 11 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

What are they saying? What is the theme? Is this a serious analysis or political commentary? Political pundits become so skilled at spin that it is often hard to extract actual facts and meaning. We are going to read an article or review a podcast each week and then methodically dissect it and try to distinguish fact from conjecture. The material will be drawn from various points of view. This course will require critical and comprehensive review of the assigned material.

Moderators: Charles Jung (BA, political science; MA, economics, UC) retired after 23 years with the Dept. of Housing and Urban Development and four years as a linguist/voice processing specialist in the USAF. Rick Marra (BS, ME, chemical engineering, Rensselaer Polytechnic Inst.), retired chemical engineer who had assignments all over the world, has a keen interest in politics and current events.

**1138 Poor Hearing? Get Reliable Professional Help NEW**

Tuesdays, Mar. 9–16, 11 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Hearing loss is common in older adults. Advertisements for help can be misleading and confusing. People ask: where should I go for professional advice, what questions should I ask, what services should I expect, and what is a realistic expectation for improved hearing? This discussion will offer common-sense information about hearing loss, hearing aids and their cost, and reasonable expectations for achieving help with hearing aids.

Moderator: Robert Keith is a UC professor emeritus from the departments of Otolaryngology and Communication Sciences and Disorders. He has a career-long interest and experience in hearing loss including causes, types, diagnosis, and management. During his career, he taught medical students and residents, directed and provided services within the audiology program, and conducted research into problems related to auditory perception.

**1140 Archaeology in the Ohio Valley: Connecting Past and Present NEW**

Tuesdays, Feb. 23–Mar. 16, 11 am–12 pm

Class Limit: 25

Course Format: *Webex*

Learn about the long history of human settlement of Cincinnati and the Ohio Valley. We will introduce you to the archaeology of the region from the prehistoric construction of earthen monuments to the American settlement of Cincinnati and the surrounding area. We will combine lectures, virtual tours, and discussion of the role archaeology plays in understanding the past so that we can better preserve and protect cultural heritage in the present and future.

Moderators: Sarah Hinkelman, MA, is the outreach and education coordinator at the Archaeological Research Institute (ARI) in Lawrenceburg, IN. Marcus Schulenburg, MS, RPA, is the senior archaeologist at ARI. Both have spent many years working on archaeological excavations and research projects in the Midwest and are excited to share their passion with others.

**1141 Beginnings of Murder and Mayhem, Part 2 NEW**

Tuesdays, Jan. 26–Mar. 2, 11 am–12 pm

Class Limit: 20

Course Format: *Webex*

Join us for six weeks of detecting as we concentrate on three mystery authors by comparing their writing styles in the first books from two of their series: Charles Todd—*A Test of Wills* and *A Duty to the Dead*; Ann Cleeves—*The Crow Trap* and *The Long Call*; and John Sanford—*Rules of Prey* and *Dark of the Moon*.

Moderators: Barbara Burke and Brenda Gatti, retired educators, continue to be devoted OLLI volunteers and avid mystery readers. Their goal these days is to stay calm, stay smart, and carry on with OLLI!

**1142 Legal and Long-Term Care Issues Facing Seniors** **NEW**

Tuesdays, Jan. 26–Feb. 9, 11 am–12 pm

Class Limit: 25

Course Format: *GoToWebinar.com*

Solve common problems facing seniors in this three-week course: 1) Ohio Senior Medicare Patrol provides tips to protect your medical and personal identity, to avoid scams, and what to do if you're a victim of one. 2) Learn from our attorney the legal documents you should have such as advance directives, financial powers of attorney, wills, and documents to avoid probate. 3) Learn how to select a long-term care assisted-living or nursing home and how to pay for it, receive good care, and resolve issues with the facility.

Moderator: Linda Kerdolff is a state-certified Long-term Care Ombudsman with Pro Seniors. Pro Seniors is a Cincinnati-based nonprofit helping resolve legal and long-term care problems through the senior Medicare patrol team, access to attorneys via legal services for seniors over 60, and advocates for residents living in long-term care through the ombudsman program.

**1143 First Ladies** **NEW**

Tuesdays, Mar. 9–16, 11 am–12 pm

Class Limit: *unlimited*

Course Format: *Zoom*

"Behind every successful man is a woman." We will cover the lives of Eleanor Roosevelt, Jackie Kennedy, Michelle Obama, Betty Ford, Laura Bush, and Nancy Reagan. They guided America through war and tragedy, focused on education and alcoholism, and brought breast cancer to the forefront. We will look at their contributions and how these remarkable First Ladies impacted America.

Moderator: Barbara Solomon is a retired teacher. Throughout her teaching career, she has had a love of social studies and worked hard to bring history to life for her students.

**1144 Travel Close to Home: Western Pennsylvania Road Trip** **NEW**

Tuesday, Jan. 26, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Got cabin fever but leery of investing in risky cancellations or unexpected quarantines? This road trip is designed to be pandemic-resistant with plenty of outdoor sights and activities plus a few indoor options. Our trip spans the Laurel Highlands, Alleghenies, and Pennsylvania Wilds

regions. It's packed with mountain vistas, rolling countryside, recreational rivers, lots of waterfalls and covered bridges, historic significance, and a few famous masterpieces. Deb Moy, a retired hospitality and tourism instructor and avid traveler, invites you to join her in exploring western Pennsylvania.

**1145 Let Women Vote: Butler County's Fight for Suffrage** **NEW**

Tuesday, Feb. 2, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

We've learned about the national struggle for suffrage recently as the country celebrated the 100th anniversary of the 19th amendment. But what happened locally? Did women (and men) in nearby towns and rural areas join the suffrage movement? Sara Butler and Mary Royer will share the results of their investigation into the fight for suffrage in Butler County at the beginning of the 20th century. They are volunteers at the Butler County Historical Society and served on the Suffrage Exhibit Committee.

**1146 Good Books for Examining Our Understanding of Racial History** **NEW**

Tuesday, Feb. 9, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

As the owner of a local independent bookstore, Betsy Schram has noted a growing interest in the need to better understand racial tensions in our country. She will share recommendations for books that provide insight into the issues of whitewashed history, race and the church, white privilege, the government's role in racism, racial reconciliation, and the Black Lives Matter movement.

**1147 "Stella": Uncovering a Grief-Locked Family History** **NEW**

Tuesday, Feb. 16, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

December 1929, five a.m. on a dark road. Sheriff spots a suspect near the scene of a crime and stops his car to question the fugitive. Sheriff's buttonless coat blows open, revealing his gold badge. Suspect draws his gun, fires two shots, and leaves the lawman bleeding on the road. This scene introduces the sheriff, his wife, and their daughter. That girl is Thomas Fahey's mother, Stella, who locked this story deep within her heart. Tom will share how he uncovered, researched, wrote, and published this true tale from his family's history.

**1148 Growing beyond Hunger NEW**

Tuesday, Feb. 23, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Kurt Reiber, president and CEO of Freestore Foodbank, will discuss the Freestore’s ongoing response to the COVID-19 pandemic and the transformational effort that it is undertaking to position our region for the next 30 to 40 years. He will focus on strategic investments that Freestore will make to modernize its distribution and workforce training center while increasing the capacity of its 600+ pantry network and supportive services that will move the families they serve to self-sufficiency.

**1149 Michelangelo: Unparalleled Sculptor, Artist, Architect, and Poet NEW**

Tuesday, Mar. 2, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

An amazing Italian painter, sculptor, architect, and poet, Michelangelo exerted an unparalleled influence on Western art. He is described as the greatest artist of his age and even as the greatest artist of all time. A number of his works rank among the most famous in existence, from the *Pietà* and *David*, sculpted before he was 30, to his penultimate masterpiece of scenes from Genesis on the ceiling of the Sistine Chapel in Rome, and *The Last Judgment* on its altar wall. Presenter Howie Baum is an engineer who is curious about most things.

**1150 Lessons in Public Housing Revitalization from the Netherlands NEW**

Tuesday, Mar. 9, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

David Varady, Emeritus Professor of Planning at UC, will compare public housing revitalization in the US and the Netherlands by focusing on Bijlmermeer on the southern edge of Amsterdam, the largest public housing development in that country. He will cover the stages of revitalization of this development since World War II, key aspects of revitalization (shopping, mixed-tenure housing, anti-crime strategies, immigrant integration, and co-location of citywide cultural and sports facilities onsite), the overall effectiveness of revitalization efforts, and lessons for American public housing.

**1151 Global Supply Chains and National Security NEW**

Tuesday, Mar. 16, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

The shutdown of global supply chains due to the COVID-19 pandemic brought to the fore an issue with a high level of global economic interdependence: what happens when one country is the main source for an item, say face masks, and then can no longer supply the item? Countries suddenly unable to meet the demand for certain supplies are faced with growing calls for economic nationalism. What are some of the lasting effects that the pandemic could have on global supply chains and trade? How might this affect national security? This program is presented in cooperation with the Greater Cincinnati World Affairs Council.

**1152 Life in Ancient Greece and Rome UPDATED**

Tuesdays, Jan. 26–Mar. 16, 2:15–3:30 pm

Class Limit: *unlimited*

Course Format: *Webex*

Explore aspects of life and culture in ancient Greece and Rome. Doctoral students, faculty, and staff from the UC Department of Classics will present a series of engaging presentations such as “Ancient Plagues and Pandemics,” “The Crowd Goes Wild: Gladiators in Rome,” “Democracy through the Eyes of a Woman: Aspasia,” “A Funny Thing Happened on the Way to Fountain Square,” “What Do Archaeologists Do, Anyway?” and others. You will learn about the importance of the Classical past to modern values and traditions.

Moderator: Kathleen Lynch is professor of classics at UC. She is an archaeologist with a specialty in ancient Greek ceramics. At UC, she teaches mythology and has won the Cohen Excellence in Teaching Award.

**1153 The Great Migration: “The Warmth of Other Suns”—Impact on Issues Today NEW**

Tuesdays, Jan. 26–Mar. 16, 2:15–3:30 pm

Class Limit: 20

Course Format: *Webex*

Between 1915 and 1970, six million black Southerners left the life-threatening, soul-sucking horrors of Jim Crow for what Richard Wright termed “the warmth of other suns.” This migration to northern and western cities has led to “an infinity of implications for questions of race, power, politics, religion, and class—implications unfolding even now” in economic, health, education, and housing inequities and the struggles of Black Lives Matter (John Meacham). Read Isabel Wilkerson’s epic book, *The Warmth of Other Suns*, to learn the inhumanity of Jim Crow and to understand much about American life and race relations today.

Moderators: Kathy Richardson taught English and history and served as an administrator at Seven Hills School for 42 years. Hazel Pegues Williams has a broad range of experience and expertise in the areas of developing and implementing multisector, community-wide diversity and inclusion strategies and programs.

**1154 Curing the Blank Page UPDATED**

Tuesdays, Jan. 26–Mar. 16, 2:15–3:30 pm

Class Limit: 8

Course Format: *Webex*

Suffer from writer's block? There is a cure: support and encouragement from other budding writers. Regardless of your chosen genre (great American novel, short story, Hollywood screenplay, memoir), moderator and classmate critiques will help you fill those blank pages. Weekly writing limited to 300 words or less. Let's write together.

Moderator: Wayne Page has written musicals, five never-will-see-the-silver-screen movie scripts that have agency representation, and his first novel, *Barnstorm*. He likes Hitchcock-type twist endings and runs a blog of short stories (his and other writers of note).

**1155 Create Personalized Puzzles for the Kids in Your Life NEW**

Tuesdays, Jan. 26–Feb. 2, 2:15–3:30 pm

Class Limit: 30

Course Format: *Webex*

As a professor at UC and grandfather, Dr. Brack has a lively interest in creating challenges for his students and puzzles for his grandkids. He will teach you how to make fun, customized puzzles—lunchbox challenges, story puzzles, *piccoli misteri*, cipher puzzles, flexagons, and math puzzles. Some will be easy (for ages 4-8), others more challenging (up to about age 13). Some ready-made puzzles and templates will be provided. Computer skills (Word and Excel or Google equivalents) are helpful but not necessary.

Moderator: Robert Brackenbury is Professor Emeritus of Cancer Biology and former director of the Cancer and Cell Biology Graduate Program at UC. He has published more than 50 research papers, served on NIH grant evaluation committees, and won awards for teaching. His long-term interests include Italy and the Italian language, reading, photography, and creating challenges for students and puzzles for his grandchildren.

**1156 Behind the Scenes at the Tour de France NEW**

Tuesdays, Feb. 9–Mar. 9, 2:15–3:30 pm

Class Limit: 40

Course Format: *Webex*

Examine the world's biggest bicycle race and sporting event. It began with 60 cyclists in 1903 and now has three times that number with incredible support staff. The route covers 2,200 miles in 23 days each July and includes climbs in the Pyrenees and Alps, ending down the Champs-Élysées in Paris. We will examine team strategies and technologies, rider nutrition and conditioning, doping scandals, costs incurred by teams, and legendary winners. Lots of videos and interesting stories. No need to be a cyclist!

Moderator: Dave Butler is Emeritus Professor of Biomedical Engineering at UC. He taught and conducted research in knee biomechanics and tissue engineering. He received his PhD in biomechanics from Michigan State Univ. Since retiring in 2013, he has mentored senior UC faculty, led the Fellows of the Graduate School, and pursued interests in photography, cycling, and triathlons.

**1157 Broadband, the Pandemic, the Underserved, and You UPDATED**

Tuesdays, Jan. 26–Mar. 2, 2:15–3:30 pm

Class Limit: 15

Course Format: *Zoom*

Are you experiencing ever-rising costs for internet service? Do your Zoom calls freeze, pixilate, and drop? Should you care how deficient telecom technology contributes to pandemic and economic stress levels? Let's explore the backstory. What's the common denominator underlying high-speed internet, fiber optics, 5G, power outages, green energy, and the economic divide? What are the unintended consequences of technological advances and rampant deregulation on our daily lives? Let's understand the basics and simplify the language needed to untangle the web of technological jargon and public policy.

Moderator: Rita Stull is a national telecom pioneer who opened the first US cable TV municipal regulatory office, founded a public-sector consulting firm, and is experienced in integrating telecom within government operations providing efficient services and programs affecting our daily lives. She testified at US Senate public hearings opposing deregulation in 1984 and is an advocate for free speech.

**1158 Scientific Models Come Alive NEW**

Tuesdays, Feb. 23–Mar. 16, 2:15–3:30 pm

Class Limit: *unlimited*

Course Format: *Zoom*

Scientific models simplify, describe, and predict complex ideas. They are human creations that have artistic value too. We will trace the evolution of several models in medical trauma and disease, electromagnetism, human learning, and weather forecasting. The computer and information eras have brought models alive.

Moderators: Kirtland Hobler is a retired general surgeon. Kristen Cassady is a meteorologist with the National Weather Service.

**1159 The History and the Literature: The Night**

**Watchman NEW**

Tuesday, Mar. 16, 2:15–4:15 pm

Class Limit: 40

Course Format: *Webex*

Louise Erdrich's *The Night Watchman* is the launching point for a one-hour look at efforts to assimilate Native Americans into mainstream American life, with an emphasis on the federal initiatives to "terminate" historic tribes in the mid-20th century. After the history, we will spend the second hour discussing the novel as contemporary literature. Readers and history buffs welcome! Please read *The Night Watchman* before class and be ready to join the lively discussion.

Moderators: Stan and Diane Henderson are avid readers—Stan reads history, Diane reads fiction. In other lives, they would have been professors. Now, they team up to share their passions with the OLLI community. Before retirement, Stan was Vice Chancellor for Enrollment Management and Student Life at Univ. of Michigan-Dearborn, and Diane was an educational program planner and consultant.

**1160 Bridge 102: For Those Who Know Some of the Basics**

Tuesdays, Jan. 26–Mar. 30, 3–5 pm

Class Limit: 30

Course Format: *Zoom*

Those who have taken an introductory bridge course or have experience playing socially will gain additional skills for this great card game. Topics and course curriculum will follow the American Contract Bridge League text *Play of the Hand in the 21st Century* but will be adjusted to fit student experience levels. Topics to be covered: techniques for play, strong and weak 2 bids, communication, and beginning conventions beyond the basics.

Moderator: Larry Newman, Ruby Life Master, Best Practices Accredited teacher of the ACBL, and member of the Cincinnati Bridge Assn. Education Committee.

**1161 Radiance of the Mystics UPDATED**

Tuesdays, Jan. 26–Mar. 16 (no set time)

Class Limit: *unlimited*

Course Format: *Email*

Each week, you will receive a bundle of self-study materials by email to explore the lives and teachings of mystics from many traditions and countries.

Moderator: Jim Slouffman has been an artist and educator for 40+ years. He has a BFA from Wright State Univ. and MFA from UC.

**1231 Introduction to Mayan Civilization UPDATED**

Wednesdays, Jan. 27–Mar. 17, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Mesoamerica is one of six regions in the world where civilization emerged independently. The Mayan civilization emerged there around 2000 BCE, peaked around 950 CE, and continued independently until the Period of Contact that began in 1511 when the Spanish arrived. The next 200 years dramatically changed the Mayan culture but did not end it. The Mayans adopted the Catholic religion but have retained until today many of their old beliefs. We will discuss the history and art of this advanced civilization.

Moderator: Bill Menrath recently retired from UC College of Medicine where he did research in environmental and occupational health. He also served as director of the Great Lakes OSHA Education Center and worked for the UN Environment Programme.

**1232 Life Cycle of Stars NEW**

Wednesdays, Jan. 27–Mar. 17, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Stars are formed in clouds of gas and dust. Nuclear reactions at the center of stars provide enough energy to make them shine brightly for many years as well as all the elements in the universe. Beginning with the Big Bang theory of the origin of the universe, we will look at some of the theories of star formation, evolution, and eventual death. A course in calculus is *NOT* a prerequisite!

Moderator: James P. Rauf, BA, physics, Thomas More College; BME, mechanical engineering, Univ. of Detroit. He is retired from GE Aircraft Engines where he was a manager and principal engineer in the commercial engines product support group.

### **1233 Learning Tarot: The Adventure Continues NEW**

Wednesdays, Jan. 27–Mar. 17, 9:30–10:30 am

Class Limit: 15

Course Format: *Webex*

If you have some, or maybe just a little, experience with the tarot, this class will help you build confidence in understanding the cards, the suits, the characters, and the many ways to interpret tarot card spreads. We will explore intuitive as well as traditional approaches to studying the tarot, using the Rider Waite deck and the text *Tarot for Yourself, A Workbook for Personal Transformation* by Mary K. Greer. Deck and book are available online.

Moderator: Donata Glassmeyer has studied the tarot for 40+ years using multidisciplinary approaches designed to distill inner wisdom via narrative, imagery, archetypes, mythologies, and personal intuition.

### **1234 Canta y No Llores (Sing and Do Not Cry) UPDATED**

Wednesdays, Jan. 27–Mar. 17, 9:30–10:30 am

Class Limit: 100

Course Format: *Zoom*

We may not be able to sing together in person now, but we'll do the best we can with Zoom! In these difficult times, let's sing together songs of inspiration, joy, connection, and hope. Welcoming to all voices with every level of experience. And, yes, we'll sing "Cielito Lindo"!

Moderator: Janice Alvarado is passionate about building community, health, and happiness by singing together. She has sung with various choruses including the MLK Chorale in the 2012 World Choir Games. She is on the board of Queen City Balladeers, which presents the Leo Coffeehouse.

### **1235 Great Legal Issues of the 21st Century UPDATED**

Wednesdays, Jan. 27–Mar. 17, 9:30–10:30 am

Class Limit: 30

Course Format: *Webex*

We will explore significant legal issues that have confronted the courts and have an impact on the day-to-day lives of Americans. These include workplace harassment, free speech, minority and LGBTQ rights, church-state separation, abortion, Second Amendment, religious freedom, etc. Outstanding lawyers who are active in these areas will be guest speakers. They will share both sides of the issues as well as their own positions. You will be encouraged to debate their points of view.

Moderator: Donald B. Hordes, JD, LLM, George Washington Univ.; practicing law since 1969; frequent lecturer in all areas of employment discrimination law; currently head of the Litigation Department at Ritter and Randolph, LLC.

### **1236 Pathways to Carbon Neutrality NEW**

Wednesdays, Jan. 27–Mar. 17, 11 am–12 pm

Class Limit: 50

Course Format: *Webex*

We will discuss carbon footprint (direct and indirect), other greenhouse gases, facts and fictions on climate change and effects, and alternative energy sources such as solar, wind, nuclear, wave, hydraulic fracking, and biofuels. Learn about advances in battery storage, carbon capture and sequestration, and alternative manufacturing processes such as 3D printing and agricultural practices. We'll aim for balanced presentations and discussions with pros and cons.

Moderator: Ram Darolia, PhD, materials engineering, is an OLLI Board member and long-time OLLI moderator. He volunteers as a chair of materials science committee of a nonprofit engineering foundation to promote education, science, and engineering via organizing international conferences on recent engineering topics.

### **1237 Memoir: Tunnels to the Mind NEW**

Wednesdays, Jan. 27–Mar. 17, 11 am–12 pm

Class Limit: 15

Course Format: *Webex*

Memoir writing is about two things: memory and captivating narrative. Your memories come first, and they're there. The secret is unearthing them from the thousand bits of information stored in your brain. We'll concentrate on finding the nuggets of your life that mean most to you and will interest your audience. Those memories are often not the most obvious, so dig we will until you deliver a rich story of your life, interesting people, lessons, and experience.

Moderator: Cynthia Hoskin is a published fiction author, former newspaper editor, reporter, and publicist. Her interest in "reading" people has led to study in body language, how people's minds work, and philosophical topics. "I think memoir is a wonderful way to get to know yourself, how you interact with life, and to impart your adventures to your family or the world."

**1238 Intermediate French UPDATED**

Wednesdays, Jan. 27–Mar. 3, 11 am–12 pm

Class Limit: 25

Course Format: *Webex*

This online French program will include conversation, listening, and reading exercises and an exploration of Asterix (cartoon character) and highlights of French history with dates (yes, there will be a quiz!). A good chance to revive your Francophone inclinations and, mostly, to have a good time. You need to have an intermediate understanding of the French language to participate successfully in this course.

Moderator: David McDiarmid is a former French teacher and lifelong francophile.

**1239 Passport to Retirement UPDATED**

Wednesdays, Jan. 27–Mar. 17, 11 am–12 pm

Class Limit: 100

Course Format: *Zoom*

Learn how to manage your retirement to be financially secure. This course provides a comprehensive approach that helps you set realistic goals and make more informed decisions for your overall financial retirement management. Address your concerns with tools that will last a lifetime. Gary will use graphics to explain concepts clearly and concisely. You will receive a 135-page full-color workbook packed with exercises, checklists, and self-analysis quizzes. This valuable resource helps you apply what you learn to your personal financial situations.

Moderator: Gary Hollander, CFP, is a practicing financial professional with 45+ years of experience who conducts educational workshops to help people avoid common roadblocks to financial success in retirement. Accredited A+ Member Cincinnati BBB since 1991. Chair of the OLLI Budget and Finance Committee, 2012–18. President of Hollander & Associates LLC since 1976.

**1240 Boosting Your Immune System through Diet and Lifestyle NEW**

Wednesday, Jan. 27, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Preeti Bansal Kshirsagar, a registered dietitian licensed with the State Medical Board of Ohio, will share her extensive experience and education in the field of integrative nutrition and functional medicine. Keeping COVID-19 and flu in mind, she will offer a presentation on tools and resources for boosting the immune system through diet and lifestyle to help us all stay well.

**1241 Lincoln and Grant: The Alliance that Won the Civil War NEW**

Wednesday, Feb. 3, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Abraham Lincoln and Ulysses S. Grant knew each other personally for only 13 months before Lincoln was assassinated. But in that perilous time, the nation's soul and future were at stake. The two westerners thought alike; both matured greatly and fervently enjoyed each other's company. This story unveils that alliance, which forged a friendship and eventually won the war. Presenter Chris Burns is a Civil War historian and former adjunct history faculty-member at NKU.

**1242 The Reverse Underground Railroad: Slavery and Kidnapping in Early America NEW**

Wednesday, Feb. 10, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Join us for a talk with Dr. Richard Bell, who will share the incredible story of five boys whose courage forever changed the fight against slavery in America. Their ordeal—an odyssey that takes them from the 1825 Philadelphia waterfront to the marshes of Mississippi—shines a glaring spotlight on the Reverse Underground Railroad, a black market network of human traffickers and slave traders who stole away thousands of legally free African Americans from their families in order to fuel slavery's rapid expansion in the decades before the Civil War.

**1243 Your Hard-Earned Possessions: Downsizing, Donating, and Recycling**

Wednesday, Feb. 17, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Jack Brendamour, CEO of Junk King, is an expert in downsizing. He'll help you understand the best outlets for different household items along with other downsizing suggestions. As you let go of your sometimes-sentimental possessions, it's helpful to receive donating and recycling advice that considers what is best for our community and the environment.

#### **1244 Cult and Conspiracy NEW**

Wednesday, Feb. 24, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

From satanic pedophilia to white supremacy, from the “deep state” to political malfeasance, from the imprisonment of thousands “next week” to rioting in the streets, global cults and conspiracies, including the rapidly expanding QAnon, sow fear, division, and enthusiasm. How much is true? Should we be alarmed? Should we, can we, do something about it? Richard Hoskin draws on his experience as journalist and historian to report on “reliable sources” and “fake news” to seek answers, inform, and discuss while leaving others to make judgments.

#### **1245 Medicare 101**

Wednesday, Mar. 3, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

What is Medicare and how does it work? Insurance broker and Medicare specialist Jonathan Wallace will address the different parts of the Federal Medicare program. He will discuss the differences between Parts A and B as well as the general overview of Medicare Part C (Medicare Advantage), Medicare Supplements (Medi-gap), and Medicare Part D (prescription coverage).

#### **1246 Religion or Agriculture: Which Evolved First? NEW**

Wednesday, Mar. 10, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Archaeologists have long believed that religions evolved after the development of agriculture. This belief was based on the historical record that shows many religions emerged after the widespread practice of raising animals and crops. Recent research has focused on the evolution of the religious practices of hunter gatherers. Recent discoveries of temples and other religious artifacts that predate agriculture bring into question the belief that agriculture came first. Presenter Bill Menrath will discuss the pros and cons of both viewpoints.

#### **1247 Myths and Misconceptions about George Washington NEW**

Wednesday, Mar. 17, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

We all learned about the father of our country, George Washington, in grade school, but did he really cut down a cherry tree or have wooden teeth? Deb Price will answer these questions and more as she debunks some stories we think we know about POTUS #1. Deb is a retired educator who has presented dozens of OLLI talks and loves history, cooking, literature, and gardening.

#### **1248 More Broadway Musicals of the 1980s NEW**

Wednesday, Jan. 27–Mar. 17, 2:15–3:30 pm

Class Limit: *unlimited*

Course Format: *Webex*

We’ll continue our journey through Broadway musicals shown in the mid- to late 1980s including shows written by Andrew Lloyd Webber, Stephen Sondheim, ABBA, and Cy Coleman. Broadway included “operatic” shows such as *Phantom*, *Les Miz*, and *Chess* plus more traditional Broadway offerings including *Into the Woods*, *City of Angels*, and *Once on this Island*. We’ll discuss and view video clips from the shows.

Moderator: Doug Iden is a big fan of movies and theatrical musicals with an extensive collection of films and original Broadway scores. He has taught classes on Broadway and film at OLLI for several years.

#### **1249 How to Be Wholly Holy: The Holiness Code of the Biblical Book of Leviticus NEW**

Wednesdays, Jan. 27–Mar. 17, 2:15–3:30 pm

Class Limit: 30

Course Format: *Webex*

We will study the Holiness Code contained in chapter 19 of the Book of Leviticus, a concise guide to ethical living. It contains variations on the Ten Commandments and many more directives, major and minor, including the original form of the Golden Rule. We will learn the original meaning and application of these rules and then engage in lively discussion on how we can best apply them to contemporary society. Please obtain a copy of *Tanakh, The Holy Scriptures*, Jewish Publication Society, 1985 or later edition.

Moderator: Gerry Walter is rabbi emeritus of Temple Sholom and also the recently retired director of pastoral care at Cedar Village. He has taught Jewish and religious studies and Bible at Hebrew Union College, NKU, Virginia Tech, and Roanoke College.



**1250 Power of Public Deliberation** **UPDATED**

Wednesdays, Jan. 27–Mar. 17, 2:15–3:30 pm

Class Limit: 12

Course Format: *Webex*

We will engage in serious, deliberative discussions (forums) about three important national issues—moderated by a professional. Each issue is detailed in an advisory prepared by the National Issues Forums Institute (nifi.org). You will share your points of view, weigh opinions, and seek compromise. The three issues are: 1) A House Divided—What Would We Have to Give Up to Get the Political System We Want? 2) Health Care 2020: How Can We Bring Costs Down While Getting the Care We Need? 3) Back to Work—How Should We Rebuild Our Economy? You will receive information about downloading the issues guides before the first class.

Moderator: Jim Rulli, MEd, Univ. of St. Thomas, St. Paul, MN; creative problem-solving facilitator, P&G; qualitative research consultant/business owner; high school English teacher.

**1251 Happy Hour with the Director: Historic Sites and Museums** **NEW**

Wednesday, Feb. 3, 4–5 pm

Class Limit: 30

Course Format: *Webex*

Join OLLI Director Cate O’Hara to raise a glass to OLLI and discuss a different topic—just for fun. This week, we’ll talk about those out-of-the-way or little-known museums and historic sites in the region. Which are your favorites?

**1252 Happy Hour with the Director: Breweries, Wineries, and Distilleries** **NEW**

Wednesday, Feb. 17, 4–5 pm

Class Limit: 30

Course Format: *Webex*

Join OLLI Director Cate O’Hara to raise a glass to OLLI and discuss a different topic—just for fun. This week, we’ll share information about—well—booze. Local booze, to be specific.

**1253 Happy Hour with the Director: Books** **UPDATED**

Wednesday, Mar. 3, 4–5 pm

Class Limit: 30

Course Format: *Webex*

Join OLLI Director Cate O’Hara to raise a glass to OLLI and discuss a different topic—just for fun. This week, we’ll talk about what we are reading. You’re sure to get some new ideas for your reading list.

**1254 Happy Hour with the Director: Where to Take Out-of-Town Guests** **NEW**

Wednesday, Mar. 17, 4–5 pm

Class Limit: 30

Course Format: *Webex*

Join OLLI Director Cate O’Hara to raise a glass to OLLI and discuss a different topic—just for fun. This week, we’ll share the must-see destinations where we take our out-of-town guests. What makes Cincinnati shine?

**1333 Cold Serial: The Jack the Strangler Murders** **UPDATED**

Thursdays, Jan. 28–Mar. 4, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Investigate a series of recently uncovered murders that could lead to a serial killer in Dayton, Ohio. The time, 1900–1911. Meet these women and hear their stories. One woman escapes and identifies a person of interest. We’ll review her testimony along with newspapers, court records, family stories, and death certificates. In the final class, you will assume the role of a juror to grant justice to these girls and convict a suspect on multiple counts of murder. The book will be mailed to all participants, free, courtesy of the author. Other materials will be emailed.

Moderator: Brian Forschner has a PhD from OSU, operated halfway houses, and taught at UD, XU, and Wright Patterson AFB. He studied criminal justice systems in Europe and the former USSR, was president of the Senior Service division of Mercy Health, and worked with health professionals in Cuba and Croatia. A play based on his book was staged at the Aronoff Center.

**1334 Cincinnati and How It Grew: Neighborhood by Neighborhood** **NEW**

Thursdays, Jan. 28–Mar. 4, 9:30–10:30 am

Class Limit: 20

Course Format: *Webex*

Cincinnati is a city of 52 recognized neighborhoods. We will explore why, how, and when these district areas became part of Cincinnati, many giving up their own “city” status. Did you know that College Hill had a town hall and a mayor? You will be able to contribute current information about your own neighborhoods.

Moderator: Marcha Hunley has been an educator for 40 years and is a lifelong Cincinnati resident. Currently, she keeps her brain in tip-top shape by moderating courses for OLLI and designing historical tours for Spring Grove Cemetery and the OTR Brewery District. She hopes to start traveling again soon.

### **1335 Awe-Inspiring Great Apes NEW**

Thursdays, Mar. 4–18, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

Take an up-close, heart-warming excursion to visit the world of great apes: chimpanzees, bonobos, orangutans, gorillas, and humans. On this photo-video journey, we will compare and contrast the physical, emotional, social, and intellectual characteristics of these amazing apes. At the end of the course, we can ask ourselves how much we differ from our closest DNA relatives in the kingdom of great apes.

Moderator: Sandra Spitz earned a BS in education with minors in sociology and physical anthropology. For 40+ years, she has been a teacher, lecturer, and avid great ape enthusiast. As a 20-year volunteer at the Cincinnati Zoo and Botanical Gardens, she has spent much of that time observing primates, especially apes, and creating and presenting original lectures.

### **1336 Finding Solutions to America's Problems UPDATED**

Thursdays, Jan. 28–Mar. 18, 9:30–10:30 am

Class Limit: 8

Course Format: *Webex*

Using National Issues Forums ([nifi.org](http://nifi.org)) public deliberation process, we will weigh alternatives from various courses of action using NIF issues guides. You are encouraged to express, listen to, and consider all points of view. Discussion involves three major issues: 1) Back to Work: How Should We Rebuild Our Economy? 2) Immigration: Who Should We Welcome? What Should We Do? 3) Health Care 2020: How Can We Bring Costs Down While Getting the Care We Need? You will receive information about downloading the issues guides before the first class.

Moderator: Kent Friel, MBA, UC, 1965. Former business owner and Community Fellow with the Knowledgeworks Foundation. He is a trained moderator in the deliberation process by the NIF, a subsidiary of the Kettering Foundation.

### **1337 Primary and Secondary Prevention of Cardiovascular Disease UPDATED**

Thursdays, Feb. 11–Mar. 11, 9:30–10:30 am

Class Limit: *unlimited*

Course Format: *Webex*

How do cholesterol, type II diabetes, hypertension, and blood clotting affect cardiovascular disease. We will consider prevalence, prevention, genetics, therapy, and outcomes of treatment.

Moderator: Charles J. Glueck, MD—Harvard College, AB; Case Western Reserve Univ. College of Medicine, MD;

emeritus director, Jewish Hospital Cholesterol, Metabolism, and Diabetes Center.

### **1338 Future Personal Transport: Electric Power, Self-Guidance, Shared Vehicles UPDATED**

Thursdays, Jan. 28–Mar. 18, 9:30–10:45 am

Class Limit: 30

Course Format: *Zoom*

We'll consider all options to the traditional gas-engined personal car. Manufacturers have big plans for electric vehicles. Autonomous cars and trucks (AVs) are receiving lots of attention in the news, but the timeline for wide use has been stretched to meet the huge challenges in matching human driving skills with digital tools. The continued losses at Uber and Lyft have prompted skepticism. We'll aim for a balanced view of what's real and what's hype in considering future transportation. You will be invited to discuss and share your transportation experiences.

Moderator: Alan Flaherty is a graduate mechanical engineer with a 50-year career in design and implementation of new systems and processes, mostly in publishing and printing. He recalls vividly his first drive in a Tesla six years ago. This course is an updated version of one he's presented in two previous terms.

### **1339 Beginning Italian Conversation/Past Tense**

Thursdays, Jan. 28–Mar. 18, 9:30–11 am

Class Limit: 10

Course Format: *Zoom*

Increase your knowledge of Italian through conversation, culture, and camaraderie. We'll spend the first part of each class on grammar, past tense, and vocabulary with the second part devoted to conversation, Italian crosswords, and interesting topics in Italian culture. You will need some knowledge of basic Italian or to have taken Italian for Beginners (#1135). Text: *Italian: A Self-Teaching Guide* by Edoardo A. Lèbano.

Moderator: Antonio Iemmola has been teaching Italian at UC for 25 years and NKU for 29 years. He enjoys teaching this beautiful language with a great culture, cuisine, and fascinating history. When you speak Italian, it seems as if you are singing opera because it is very musical.

**1340 Gemology, Jewelry, and the Jewelry Business** **UPDATED**

Thursdays, Jan. 28–Mar. 18, 11 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

We will begin our journey through the world of gems and jewelry with four introductory talks on the structure and chemical properties of gems, diamonds, and precious metals; the three major colored stones; and the full array of colored stones. The last four weeks will feature guest speakers on jewelry making, estate jewelry, the jewelry business, and buying and selling jewelry over the internet. Moderator: Richard Wendel, MD, MBA, is a GIA Certified Graduate Gemologist who owned and operated a jewelry store for many years. He is a SCORE counselor and has taught for many years at OLLI.

**1341 For the Love of Music** **UPDATED**

Thursdays, Jan. 28–Mar. 18, 11 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Despite not attending live indoor performances any time soon, we can use the planned Cincinnati Symphony Orchestra season and other Cincinnati musical organizations to explore great musical compositions. We will supplement as necessary with other musical artists and issues. Join us as we discuss music, contexts including performance practice and reception history, composers, and performers.

Moderators: Dick Waller, artistic director, Linton Chamber Music Series (1976–2009); CSO principal clarinetist (1960–94). Bob Zierolf, retired UC vice provost, dean of Graduate School, and professor of music theory at CCM.

**1342 Calling All Readers** **NEW**

Thursdays, Jan. 28–Mar. 18, 11 am–12 pm

Class Limit: 12

Course Format: *Webex*

We will alternate weeks between 1) reading and discussing a specific novella and 2) each person presenting a review of one of their favorites from a specified genre. Class is intended to give us a chance to read and discuss four novella's at an easy pace and enjoy discussing some of our favorite books. Novellas are *A River Runs through It* by Norman Maclean, *The Natural* by Bernard Malamud, *Rita Hayworth and Shawshank Redemption* by Stephen King, and *Night Train* by Martin Amis.

Moderator: Jim Nunn is an avid book reader, book collector, and book nerd.

**1343 Cincinnati Issues and Answers** **NEW**

Thursdays, Jan. 28–Mar. 18, 11 am–12 pm

Class Limit: 24

Course Format: *Zoom*

Gain insight and understanding into the decision-making process of City Council and share suggestions for policy solutions. After an overview of the structure of Cincinnati's government and budget, we will tackle two issues (TBD) such as police funding/reform, affordable housing, development, gun violence, etc. Schedule: 1/28—Cincinnati Government 101, Charter, "stronger mayor" council-manager form of government, boards, commissions. 2/4—Budget. 2/11—Overview of two issues. 2/18—Speaker(s) on issue 1; 2/25—Discussion of issue 1. 3/4—Speaker(s) on issue 2. 3/11—Discussion of issue 2; 3/18—Wrap up.

Moderator: Jan-Michele Kearney was appointed to Cincinnati City Council to fill a vacant seat in March 2020. Prior to taking a seat on Council, she was publisher of the Cincinnati *Herald* newspaper and remains president and CEO of KGL Media Group. She graduated from Dartmouth College and Harvard Law School and is an attorney, Realtor, and entrepreneur.

**1344 Develop Your SELF: TLC for Your Nervous System** **NEW**

Thursday, Jan. 28, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Yoga therapist and personal wellness coach Sharon Byrnes will be your guide providing strategies to help develop your SELF that will serve you throughout the rest of your life. We already know how to develop our physical self, but what about our emotional and energetic self? Through practice and training, our muscles grow stronger, and we can increase endurance. So, why not practice and train our nervous system? Curious? Great! Join Sharon for insightful discussion, some movement, and a look at "intention vs attention."

**1345 Live from Denali Park in Alaska** **NEW**

Thursday, Feb. 4, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Get a glimpse into what it takes to live in interior Alaska! Jodi Rodwell, executive director of the Denali Education Center, will share personal stories about dry cabins, outhouse etiquette, surviving long winters, and life in a tight-knit community. Learn what drew her to live in a cold, dark, unique, and truly amazing place.

**1346 Legacy of African American Textile Art NEW**

Thursday, Feb. 11, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

“Symbolism of the Cloth” is one of the Black communities’ connection to our African roots. This presentation by textile artist Cynthia Lockhart will celebrate the creative spirit of our African ancestors. See examples from Romare Bearden, Faith Ringgold, Dr. Carolyn Mazloomi, regional fiber artists, and Lockhart’s own art. These artists draw inspiration from slavery through Civil Rights, Black Life Matters to present-day. Q & A after the presentation.

**1347 Bounce Back from Prolonged Toxic Stress NEW**

Thursday, Feb. 18, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

COVID-19 continues to go on and on. The stress from all the uncertainty is helping to contribute to an increase in depression and anxiety. Patricia Faust will explain how your brain has changed as you continue to adapt to these circumstances. She will also provide some practical means of recovering from this intense, chronic stress. Patricia has a master’s in gerontological study from Miami University (Ohio) and specializes in issues of brain aging, brain health, brain function, and dementia.

**1348 21st-Century Volunteering: Cincinnati Cares NEW**

Thursday, Feb. 25, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Looking to help your community but not sure where to start? Are you a seasoned volunteer wondering how to take your skills to the next level? Heard about board service but not sure if it’s for you? If you said yes to any of those questions, the best place to start is Cincinnati Cares. As a tech-based nonprofit, they’ve revolutionized volunteer engagement in Cincinnati and across the country. Join Katie Fiorelli, outreach and training manager at Cincinnati Cares, to learn about volunteering in the 21st century.

**1349 Executive Order 9066 NEW**

Thursday, Mar. 4, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Executive Order 9066, signed by President Franklin D. Roosevelt on Feb. 19, 1942, authorized the secretary of war to prescribe certain areas as military zones, clearing the way for the incarceration of Japanese, German, and Italian Americans in US concentration camps. On Mar. 21, 1942, Roosevelt signed Public Law 503[2], which made violations punishable by up to \$5,000 and a year in prison. Presenter Lynn Hamamoto is a *sansei* (third generation), born in Hawaii. Her family was not interred, but her grandfather’s fishing boat was confiscated and destroyed.

**1350 Navigating through Life with ADHD NEW**

Thursday, Mar. 11, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

Explore how attention deficit hyperactivity disorder (ADHD) affects people differently depending on their stage of life and respective responsibilities as well as strategies that might be helpful. Presenter Barb Solomon is a retired teacher/private tutor who spent 36 years dealing with learning disabled/ADHD students (K–12). She has also followed some of these students into adulthood. During the course of her career, she helped many to develop compensatory skills to navigate through life.

**1351 Nine Months in an RV: A Journey across the US**

Thursday, Mar. 18, 12:30–1:45 pm

Class Limit: *unlimited*

Course Format: *Webex*

With no prior experience, Christine Klein and Greg Smith purchased an RV and spent nine months traveling the country. In this educational and sometimes amusing presentation, Chris shares the good, the bad, and the ugly. Hear and see the highlights (and the lowlights) of the 62 different places they stayed, including rest areas and a Walmart parking lot. Learn about the basics of RV living. You might be inspired to plan your own RV adventure. When not on the road, Chris is a self-employed healthcare writer.

### **1352 Volcanic Eruptions and What They Produce** **UPDATED**

Thursdays, Jan. 28–Mar. 18, 2:15–3:30 pm

Class Limit: *unlimited*

Course Format: *Webex*

This class rocks! We will begin with an explosive examination of different types of volcanic eruptions including Mt. Saint Helens in Washington, Mt. Pinatubo in the Philippines, Mt. Vesuvius in Italy, Kilauea in Hawaii, and Yellowstone in Wyoming. We'll contrast igneous rocks and other products of lava; discuss the sedimentary rocks around Cincinnati; look at metamorphic rocks in the Appalachian Mountains, granite from Stone Mountain in Georgia, and limestone used for the Lincoln Memorial; determine why Cincinnati's hillsides are on a downward slide; and more rockin' topics.

Moderator: Richard Longshore, MD, is a graduate of XU and Univ. of Louisville College of Medicine. He is *NOT* a geologist or astrophysicist, but he has an interest in what we see around us.

### **1353 Creativity and Innovation: Powering the Future** **UPDATED**

Thursdays, Jan. 28–Mar. 18, 2:15–3:30 pm

Class Limit: 25

Course Format: *Webex*

Learn new ways to ignite your imagination, discover creative insights, explore innovation, and pursue entrepreneurial opportunities. We are experiencing exponential change—perplexing, tenacious, and complex problems. You will learn how to use creativity and innovation to address environmental, social, and governmental issues. We will focus on building an understanding of the essential competencies to unlock each person's talent through practical exercises. You will be able to improve your creative problem solving and critical thinking to solve all types of problems to improve your life choices.

Moderator: Ralph Brueggemann, MBA, MEd, is an adjunct professor at the College of Engineering and Applied Science, UC. He has experience in independent consulting as well as in national and international corporations developing commercial technology products and managing quality improvement programs.

### **1354 19th-Century and Victorian Fiction** **UPDATED**

Thursdays, Jan. 28–Mar. 18, 2:15–3:30 pm

Class Limit: 30

Course Format: *Webex*

We will look at two masters of 19th-century fiction: William Makepeace Thackeray and Charles Dickens as well as a possible third author. We'll read and discuss Thackeray's *Vanity Fair* and Dickens' *Great Expectations* with an eye to seeing what makes them great literature. We will have a third book as "negotiated" by the class.

Moderator: John Briggs has degrees in literature and has taught numerous OLLI course on various types of novels.

### **1355 Elder Law: Protecting Life's Savings and Quality of Life**

Thursdays, Jan. 28–Mar. 4, 2:15–3:30 pm

Class Limit: 100

Course Format: *Zoom*

Explore the options available to families who face a long-term care journey. You'll learn the basics of Medicaid qualification; how to protect quality of life in a long-term care setting; changes affecting elders and disabled individuals under Medicare; wills, trusts, and why your estate plan may not be as thorough as you think; and Council on Aging services.

Moderator: Dennison Keller, licensed to practice law in OH and KY. Graduate of Salmon P. Chase College of Law and Miami Univ. President of the Life Care Planning Law Firm Association. Serves on board and past president of Ohio Forum of Estate Planning Attorneys; member of NAELA; member Cincinnati, Ohio State, and Northern Kentucky Bar Associations and Elder Law Committee.

### **1356 Photography Using Your Phone: Secrets and Common Sense**

Thursdays, Jan. 28–Mar. 18, 2:15–3:30 pm

Class Limit: 20

Course Format: *Webex*

No experience required for this informal discussion-based class. All about photos on your phone: shooting, adjusting, storing, printing, good apps for interesting shots, useful accessories, saving photos to other devices. Questions encouraged. We will spend the last two meetings making a photo book from your photos. Peter's experience is with an iPhone, but these topics apply to any smartphone. If you sign up for this course, please put his email in your contacts to get his pre-class email: [pnord@fuse.net](mailto:pnord@fuse.net).

Moderator: Peter Nord, PhD, has photo experience from shooting NCAA basketball in the middle of the last century to the latest in digital. Even with several degrees in chemistry, he is happy to make photographs without those nasty chemicals. Assisted by Frank Sullivan, Miami Univ.

**1357 Lives, Times, and Music of the Great Composers of the Romantic Era** **NEW**

Thursdays, Jan. 28–Mar. 18 (no set time)

Class Limit: *unlimited*

Course Format: *Email*

Each week, you will receive an email with information and links on the lives, times, and music of the great composers of the Romantic era to enjoy and study at your own pace.

Moderator: Rafael de Acha's 60-year career in the arts has encompassed work as a music professor, arts critic, and performer.

**1406 Living through the Holocaust:**

**A Survivor's Story** **NEW**

Friday, Jan. 29, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Henry Fenichel was born in the Netherlands. When the Nazis invaded Holland, Henry's father was deported to Auschwitz where he perished. Henry and his mother went into hiding. They were discovered and ultimately transported to Bergen Belsen Concentration Camp. In July 1944, they were rescued through a miraculous series of events as part of an exchange of 222 Dutch Jewish prisoners with German Christian citizens (Templers) who resided in British mandate Palestine. The presentation will include a video documentary of interviews with both Dutch survivors and Templers.

Moderator: Henry Fenichel, Professor of Physics Emeritus, has been affiliated with UC since 1965. He has moderated other OLLI sessions on the subject of physics for poets. Currently, he is active at the Holocaust and Humanity Center located in the Cincinnati Museum Center.

**1407 Freeing the Innocent: Our Flawed Justice System** **NEW**

Friday, Feb. 5, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Can you imagine what it's like to be imprisoned for decades for a crime you didn't commit? Clients who have eventually been freed because of the work of the Ohio Innocence Project experienced this. Learn about the phenomenon of wrongful convictions and how to adapt our criminal justice system to be more accurate. In addition, you will hear from an Ohio Innocence Project client who spent decades in prison for a crime he didn't commit.

Moderator: Mark Godsey is professor at UC Law School, director of the Rosenthal Institute for Justice/Ohio Innocence Project, and author of *Blind Injustice*. He was an

award-winning federal prosecutor in New York City before becoming an activist for the wrongfully convicted. He frequently appears on national television and print media.

**1408 Managing Healthcare Costs** **NEW**

Friday, Feb. 12, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Learn about the structural and cultural barriers to healthcare transformation and what specific measures can be taken to address the causes for Americans' paying twice as much for their healthcare as people in other countries. What solutions make sense?

Moderator: Richard Wendel, MD, MBA, is a retired urologist who retains his medical license and is active in the resident training programs at TriHealth and Christ hospitals. He is a regular OLLI moderator and SCORE counselor.

**1409 Lincoln Heights: From Proud History to Promising Future** **NEW**

Friday, Feb. 19, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Lincoln Heights was founded in the 1920s as a suburban enclave for Black homeowners working in nearby industries. When it incorporated in 1946, the village was the first primarily Black self-governing community north of the Mason-Dixon line. With industrial changes, there have been ups and downs, and now there is mobilization to raise the Heights again. A native and resident of Lincoln Heights will share its history and future prospects. Learn how the community is working to uplift those left behind.

Moderator: Kathy Goodwin-Williams, MBA (pending), BS, CDCA, QMHS, is a social scientist, education consultant, and economic development strategist. She was a 2018 primary candidate in the race for State Representative of Ohio 33rd district, Village of Lincoln Heights Council Member, and Economic Development Chairperson.

**1410 “Oh, Give Me a Home”: Helping Hands and Havens for Women in Cincinnati NEW**

Friday, Feb. 26, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Troubled Cincinnati women find solace and help in two local programs. First Step Home is a premier addiction center that provides services to women and children up to age 12. The Anna Louise Inn is a women’s facility providing low-cost housing and health services to women, including those leaving abusive relationships or prostitution, recovering from drug and alcohol addiction, or transitioning out of foster care. Learn about the needs and services provided by these two charitable organizations from administrators and residents.

Moderators: DeeAnn Camp and Naomi Sims-Satterwhite, First Step Home administrators, have years of experience in several Cincinnati mental health, substance abuse services, and child welfare organizations. Naomi now directs housing and clinical services at First Step Home. DeeAnn will talk about Anna Louise Inn, serving women since 1909, and services in their new home on Reading Road. Clients will also speak.

**1411 Gennett Records: Discovering and Preserving America’s Musical Grassroots NEW**

Friday, Mar. 5, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

In the 1920s and 1930s in a piano factory tucked away in Richmond, IN (65 miles from Cincinnati), Gennett Records debuted future icons of jazz, blues, and country music, including Louis Armstrong, Hoagy Carmichael, Jelly Roll Morton, Blind Lemon Jefferson, and Gene Autry. Overshadowed by larger record labels, the Gennett family managed to document the birth of America’s grassroots music, including several African-American music pioneers, during the height of Indiana’s KKK movement. Experience this remarkable and unlikely story through photos, intimate stories, and music.

Moderator: Rick Kennedy is author of three published books. *Jelly Roll, Bix, and Hoagy: Gennett Records and the Rise of America’s Musical Grassroots* has been in print since 1995 and inspired a recent PBS documentary. He led media relations at GE Aviation for 30 years. A former journalist, he has written about music for 40 years.

**1412 Cincinnati Firsts and Lasts NEW**

Friday, Mar. 12, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

Cincinnati can lay claim to many firsts, from the first professional baseball team to the first weather bulletin, the first train robbery, and the first Black Olympic Gold medalist. And Cincinnati has a few lasts as well, such as the last passenger pigeon. Learn about these and many more Queen City firsts and lasts.

Moderator: Jeff Sues is the author of *Lost Cincinnati, Hidden History of Cincinnati, Cincinnati Then and Now, and Cincinnati: An Illustrated Timeline*. He is the librarian of the Cincinnati *Enquirer*, where he keeps the newspaper archive and writes about Cincinnati history.

**1413 CCM on Stage NEW**

Friday, Mar. 19, 10 am–12 pm

Class Limit: *unlimited*

Course Format: *Webex*

College Conservatory of Music at UC has been inspiring the stars of tomorrow since 1867. Learn about the history of CCM and the many undergraduate and graduate programs it offers. Then hear about its presence in the Greater Cincinnati arts community; local, national, and international performances; and some of its more famous graduates and faculty. Video/audio examples of public events featuring CCM performers will be interspersed throughout the presentation.

Moderator: Bob Zierolf is a retired UC vice provost, dean of the Graduate School, and professor of music theory at CCM. He has published works in books (for example, *The Third Ear: A Listener’s Guide to Recorded Music*) and journals. He has given conference papers nationally and internationally and held mini-residencies at the China Conservatory (Beijing) and Seoul National University.

**1414 Two Mid-20th-Century American Writers: Edwin O'Connor and William Kennedy NEW**

Fridays, Jan. 29, Feb. 12, Feb. 26, Mar. 12, 10:30 am–12 pm  
Class Limit: 12

Course Format: *Webex*

There are similarities between authors Edwin O'Connor and William Kennedy. In addition to winning the Pulitzer Prize for Literature, both write about characters in a specific Northeastern city (O'Connor's Boston and Kennedy's Albany), and both explore themes of family and politics. We will discuss one book every other week: 1/29—*The Edge of Sadness* by O'Connor (Pulitzer). 2/12—*All in the Family*, O'Connor. 2/26—*Iron Weed*, Kennedy (Pulitzer). 3/12—*Very Old Bones*, Kennedy.

Moderators: Carol Friel, Judi Morress, and Susan Robinson are all avid readers and have been members of OLLI's Friday morning book class for as long as they can remember.

**1415 En-ROADS Climate Solutions Simulator NEW**

Friday, Mar. 5, 1–3 pm  
Class Limit: 40

Course Format: *Webex*

Have you imagined a way to address the challenge of climate change? Join us to put your ideas to the test with the En-ROADS climate change solutions simulator. At 14,000 calculations per second, this is the same interactive software that UN negotiators and heads of state use to test proposals for reducing planet temperature. You can use it, too! Developed by Climate Interactive and MIT Sloan Sustainability Initiative, this tool delivers outcomes driven by data. This participatory program will include discussion of promising possibilities.

Moderators: Karen Jeffers-Tracy is a Climate Reality Leadership Corps presenter and mentor and trained En-ROADS Ambassador. Pat Niskode, PhD, is adjunct professor of mechanical engineering at Miami Univ. Previously, he worked for 35 years for GE Aviation and now consults with GE part time.

**1416 A to Zzzz's of Sleep Health**

Friday, Mar. 19, 1–3 pm

Class Limit: *unlimited*

Course Format: *Webex*

We all benefit from a good night's sleep. Learn about the five sleep stages and the importance of sleep to health and healing, compare the symptoms of sleeplessness to sleep fullness, and review different types of sleep interventions (e.g., medications, dietary supplements, herbal teas, stress management, and easy integrative health tips you can do on your own).

Moderator: Cathy Rosenbaum is a holistic clinical pharmacist, certified health coach, and founder and CEO of Rx Integrative Solutions, a consulting practice in integrative health and medicine. She is an international speaker, educator, and award-winning author.